

HOMEDICS®

LEADERS IN HEALTH & WELLBEING



Register your product today at
www.homedics.co.uk/product-registration



SHIATSU FOOT MASSAGER WITH HEAT

instruction manual

GSF-500H-GB

3 YEAR guarantee

PRODUCT FEATURES Unique Gel nodes provide a smooth, natural touch massage

WASHABLE REMOVABLE INSERTS

AIR SWITCH

- 0 = OFF
- 1 = LOW INTENSITY
- 2 = MEDIUM INTENSITY
- 3 = HIGH INTENSITY




POWER BUTTON

1. PRESS ONCE TO ACTIVATE SHIATSU.
2. PRESS AGAIN FOR SHIATSU + SOOTHING HEAT.



INSTRUCTIONS FOR USE:

Always ensure the appliance is set to the 'Off' before inserting the plug into a mains outlet.

1. Plug the appliance into a 220-240v mains outlet and switch on.
2. Place the massager on the floor in front of your chair.
3. Position your feet in the 2 foot openings and over the rotating massage heads, applying a level of pressure that feels comfortable for you. It is highly recommended that this appliance is used with socked feet.
4. To activate the Shiatsu foot massage, press the power button  once.
5. To activate heat with the massage, press the power button  a second time.
6. To activate the Thai air compression massage slide the 'air' switch from '0' to positions '1', '2' or '3' depending on the intensity you require:
 - 1 = Low Intensity
 - 2 = Medium Intensity
 - 3 = High Intensity
7. To switch off, press the power button  till the massage heads stop moving.

NOTE:

- There is a 15 minute auto shut-off on this appliance for your safety, this feature should not be considered as a substitute for 'Off'. Always remember to switch the appliance off when not in use.
- Do not attempt to stand on this foot Massager. use only while seated.
- The Heat function will only work when the massage is in use.
- Do not use the massage or heat functions continuously for more than 15 minutes.

MAINTENANCE:

Cleaning

Unplug the appliance and allow to cool before cleaning. Clean only with a soft, slightly damp sponge.

- Never allow water or any other liquids to come into contact with the appliance.
- Do not immerse in any liquid to clean.
- Never use abrasive cleaners, brushes, glass / furniture polish, paint thinner etc to clean.

To wash insert socks

- Gently release the velcro tabs and slide out the 'socks'.
- Follow instructions on wash label.
- Once dry, take care refitting the 'socks' sliding them back in to place and re-securing the velcro tabs



Storage

Place the appliance in its box or in a safe, dry, cool place. Avoid contact with sharp edges or pointed objects which might cut or puncture the fabric surface. To avoid breakage, DO NOT wrap the power cord around the appliance. DO NOT hang the unit by the cord.

PLUG: If the plug on this appliance is damaged, it can be replaced with a BS 1363 plug, fitted with a 3A BS 1362 fuse. The recommended fuse for this appliance is 3 amp. Care must be taken when changing the plug. If in doubt, contact a qualified electrician.



FKA Brands Ltd

Somerhill Business Park, Tonbridge, Kent TN11 0GP, UK
Customer Support: +44(0) 1732 378557 | support@homedics.co.uk



IB-GSF500HGB-0519-01